

**Chiropractic First, Family Wellness Center**  
**Confidential New Member Information**

Name: \_\_\_\_\_ Best Contact Number \_\_\_\_\_ Date: \_\_\_\_\_  
Address: \_\_\_\_\_ City/State/ZIP: \_\_\_\_\_ Other \_\_\_\_\_  
D.O.B.: \_\_\_\_\_ Age: \_\_\_\_\_ Who may we thank for referring you? \_\_\_\_\_  
Is this for the whole family? Family: \_\_\_\_\_ Self: \_\_\_\_\_ Medicare? Yes No Car Accident? Yes No  
Primary reason for consulting our office: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Sex: M / F Single / Married / Divorced / Widowed Spouse's Name: \_\_\_\_\_  
Name and Ages of Children: \_\_\_\_\_  
Email: \_\_\_\_\_ Social Security Number: \_\_\_\_\_  
Your hobbies/interests/activities: \_\_\_\_\_  
Do you exercise? NO YES: How often? \_\_\_\_\_ What type? \_\_\_\_\_  
Rate your diet: Healthy Average Poor Do you use Vitamins/Supplements: YES NO \_\_\_\_\_  
Alcohol: Never/Rare/Moderate/Daily Smoker? No Yes \_\_\_ # packs/day since year: \_\_\_ Past smoker? No Yes

What is the present reason for consulting our office?

Symptom Relief                       Maintaining Your Current Level of Health                       Optimum Wellness

Previous chiropractic care? YES NO If yes, Dr.'s Name: \_\_\_\_\_ Last visit? \_\_\_\_\_

Other doctors you are currently seeing: \_\_\_\_\_

Current medications: \_\_\_\_\_

Over the counter drugs taken in the past 3 months: \_\_\_\_\_

List all surgeries: \_\_\_\_\_

List all accidents and falls: \_\_\_\_\_

Health is the most valuable asset in the world – YOU and YOUR FAMILY’S. Healing includes taking responsibility for that health. Aspects of this responsibility are attending the classes, following your care plan, and meeting your financial obligations. The insurance industry pays for the treatment of symptoms and disease. We do not treat symptoms and disease. We offer true healing through Chiropractic Care. Therefore we operate on a fee for service basis. However, you may submit your claims for your own personal reimbursement. Chiropractic care is not a treatment nor cure of disease. Chiropractic care is for the restoration and maintenance of full function and communication within the body, from the brain to every cell in the body, so that you may express your full potential for life and healing. Claims will be submitted for Medicare patients only for care that is deemed medically necessary. When the care is considered maintenance, we will no longer submit claims to Medicare, as this is a non-covered service.

I clearly understand that all services rendered to me are charged directly to me and that I am personally responsible for payment.

Initial Exam \$ 145.00

Office Visit \$ 50.00

I hereby request and consent to the performance of chiropractic adjustments, other chiropractic procedures and if necessary diagnostic x-rays on me by the doctor of chiropractic named below and/or anyone authorized by the same doctor. I further understand and am informed that, as in all health care, there are some slight risks to treatment and do not expect the doctor to be able to anticipate or explain all risks and combinations; and wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, is in my best interest. I have read this consent and intend this consent form to cover the entire course of my care and any care in the future.

Signature: \_\_\_\_\_

Witness: \_\_\_\_\_

Print: \_\_\_\_\_

Date: \_\_\_\_\_

**Chiropractic First, Family Wellness Center**  
**HEALTH HISTORY FORM**

Patient's Name \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**\*\*\*If you are NOT experiencing ANY symptoms, please go to Section B: Health History\*\*\***

**Section A: Current Problem** Please answer the following questions regarding your **current** problem:

Please mark on the picture, where you have any problems.

Date of Onset: \_\_\_\_\_ Cause of Condition (if known) \_\_\_\_\_

How often during the day do you experience this?

0-25%     25-50%     50-75%     75-100%

Describe the pain:  sharp     dull     achy     stiff     shooting     burning     spasm

How severe is this problem? No Pain 1 2 3 4 5 6 7 8 9 10 Extreme

Since the onset, is the pain?  worse     better     same     on & off

Is there anything that makes it worse?  standing     sitting     lying down     motion

Is there anything that makes it better?  standing     sitting     lying down     motion

Is this problem?  Better or  Worse     AM or  PM     Neither

Are any systems involved?  Digestive     Cardiovascular     Respiratory     Elimination     Reproductive

Does the pain cause you to?  Lose sleep     Be short tempered     Miss work     Miss play     Lose focus

What has this problem kept you from enjoying? \_\_\_\_\_

Have you had a similar condition in the past? Y N If yes, explain: \_\_\_\_\_

What treatment(s) have you already had for this problem?

Medication    Surgery    Physical Therapy    Chiropractic    None    Other: \_\_\_\_\_

What was the outcome of this treatment? \_\_\_\_\_

Any other facts about your current problem or pain: \_\_\_\_\_

Is there any chance you could be pregnant? YES NO Date of last menstrual period: \_\_\_\_\_

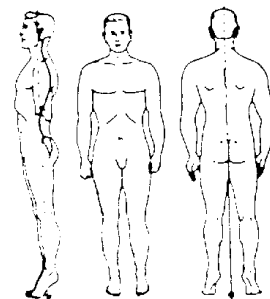
**Section B: Health History** (Please ✓ if you have had or are currently experiencing any of the following:)

- |                                    |                                       |  |   |   |
|------------------------------------|---------------------------------------|--|---|---|
| <input type="checkbox"/> Anxiety   | <input type="checkbox"/> Anemia       | <input type="checkbox"/> Arthritis     | <input type="checkbox"/> Thyroid Problems         | <input type="checkbox"/> Bowel Problems                         |
| <input type="checkbox"/> Cancer    | <input type="checkbox"/> HIV/AIDS     | <input type="checkbox"/> Tuberculosis  | <input type="checkbox"/> High Blood Pressure      | <input type="checkbox"/> Heart Trouble                          |
| <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Hepatitis    | <input type="checkbox"/> Insomnia      | <input type="checkbox"/> Venereal Disease         | <input type="checkbox"/> Muscular Dystrophy                     |
| <input type="checkbox"/> Epilepsy  | <input type="checkbox"/> Dizziness    | <input type="checkbox"/> Convulsions   | <input type="checkbox"/> Multiple Sclerosis       | <input type="checkbox"/> Rheumatic Fever                        |
| <input type="checkbox"/> Neuritis  | <input type="checkbox"/> Asthma       | <input type="checkbox"/> Scarlet Fever | <input type="checkbox"/> Digestive Problems       | <input type="checkbox"/> Sinus Trouble <input type="checkbox"/> |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Backaches    | <input type="checkbox"/> Numbness      | <input type="checkbox"/> Frequent Colds           | <input type="checkbox"/> Nervousness <input type="checkbox"/>   |
| <input type="checkbox"/> Stroke    | <input type="checkbox"/> Depression   | <input type="checkbox"/> Headaches     | <input type="checkbox"/> Cold Hands/Feet          | <input type="checkbox"/> Restless Sleep                         |
| <input type="checkbox"/> Ulcer     | <input type="checkbox"/> Irritability | <input type="checkbox"/> Impulsivity   | <input type="checkbox"/> Low Pain Threshold       | <input type="checkbox"/> Fibromyalgia                           |
| <input type="checkbox"/> Hernia    | <input type="checkbox"/> PMS          | <input type="checkbox"/> Bruising      | <input type="checkbox"/> German Measles           | <input type="checkbox"/> Osteoporosis                           |
| <input type="checkbox"/> Nausea    | <input type="checkbox"/> Swelling     | <input type="checkbox"/> Mood Swings   | <input type="checkbox"/> Chronic Fatigue Syndrome | <input type="checkbox"/> Infertility                            |

Describe other details about YOUR Past Medical History: \_\_\_\_\_

**Section C: Family History** (Your Blood Relatives Only)

- Diabetes     Heart Disease     Cancer     Thyroid Problems     Stroke     Multiple Sclerosis
- Other: \_\_\_\_\_



## **Chiropractic First**

### **NOTICE OF PRIVACY FOR: PATIENT'S PROTECTED HEALTH INFORMATION**

This notice describes how health care information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

This office abides by the terms described in this policy.

This office uses and discloses your protected health care information for the following reasons:

- To share with other treating health care providers regarding your health care.
- To submit to insurance companies or Worker's Compensation Claim to verify that treatment has been rendered.
- To determine patient's benefits in a health care plan.
- Releasing information required by State or Federal Public Health law.
- To assist in overcoming a language barrier when caring for a patient.
- Business associates providing written assurances for your privacy have been attained.
- Emergency situations.
- Abuse, neglect, or domestic violence.
- Appointment reminders to household members or answering machines.
- Mailings for appointment reminders, birthday cards, bills and other correspondence.
- Sign-In logs may be disclosed to verify office visits.

Any other uses or disclosures will only be made with your specific written prior authorization.

**Please note the Doctors of Chiropractic First utilize an open area for the delivery of care and it is understood that if a patient/client needs to speak on a matter of personal privacy it is solely the responsibility of the patient to request a private area for the discussion to take place.**

**You have the right to:**

- Revoke authorization, in writing at any time by specifying what you want restricted and to whom.
- Speak to our privacy officer who is: Dr. Andrew Williamson
- Inspect, copy and amend your protected health information and amend it as allowed by law.
- Obtain an accounting of disclosures of your protected health information.
- To render a complaint to our privacy officer or the Secretary of Health and Human Services.

This office reserves the right to change the terms of this notice and to make new notice provisions for all protected by health information that it maintains. Patients may also get an updated copy upon request at any time by asking the staff.

I acknowledge that I have received and reviewed this notice with full understanding.

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Name of Patient (print)

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Signature of Patient/Legal Representative

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Date

# NOTICE OF EXCLUSIONS FROM MEDICARE BENEFITS (NEMB)

There are items and services for which Medicare will not pay

- Medicare does not pay for all of your health care costs. Medicare only pays for covered benefits. Some items and services are not Medicare benefits and Medicare will not pay for them. When you receive an item or service that is not a Medicare benefit, you are responsible to pay for it, personally or through any other insurance that you may have. The purpose of this notice is to help you make an informed choice about whether or not you want to receive these items or services, knowing that you will have to pay for them yourself.
- Before you make a decision, you should read this entire notice carefully.
- Ask us to explain, if you don't understand why Medicare won't pay.
- Ask us how much these items or services will cost you (See non-covered service fees on reverse)

## Medicare will not pay for:

- The following services when performed by a licensed Doctor of Chiropractic:
  - Evaluation and Management Services to include examinations necessary to prepare treatment plans required to justify the medical necessity of covered services such as manipulation.
  - Radiographs/X-Rays
  - Physical Medicine Modalities such as the application of hot/cold packs, electric stimulation, ultrasound, mechanical traction or hydrotherapy.
  - Physical Medicine Procedures such as manual therapy, therapeutic exercises and/or therapeutic activities.
  - Neuromuscular Diagnostic Services including physical performance testing, range of motion testing.
  - Electrodiagnostic testing including sEMG, EMG, NCV, SSEP.

- Maintenance manipulation.

CMS defines maintenance manipulation as follows:

Maintenance therapy includes services that seek to **prevent disease, promote health** and prolong and enhance the quality of life, or **maintain or prevent deterioration of a chronic condition**. When **further clinical improvement cannot reasonably be expected from continuous ongoing care**, and the chiropractic treatment becomes **supportive rather than corrective in nature**, the treatment is then considered maintenance therapy. [emphasis added]

- 1. Because it does not meet the definition of any Medicare benefit.**

- 2. Because of the following exclusion \* from Medicare benefits:**

- |   |   |
|---|---|
| <input type="checkbox"/> Non Medically Necessary Services   | <input type="checkbox"/> Routine foot care and flat foot care.          |
| <input type="checkbox"/> Personal comfort items.  | <input type="checkbox"/> Services by immediate relatives.               |
| <input type="checkbox"/> Orthopedic shoes and foot supports (orthotics).  | <input type="checkbox"/> Services under a physician's private contract. |
| <input type="checkbox"/> Health care received outside of the USA.   | <input type="checkbox"/> Services required as a result of war.          |
| <input type="checkbox"/> Routine physicals and most tests for screening.  | <input type="checkbox"/> Routine eye care, eyeglasses and examinations. |
| <input type="checkbox"/> Cosmetic surgery.  | <input type="checkbox"/> Dental care and dentures (in most cases).      |
| <input type="checkbox"/> Services for which the patient has no legal obligation to pay.   |   |
| <input type="checkbox"/> Services paid for by a governmental entity that is not Medicare.   |   |
| <input type="checkbox"/> Items and services furnished to an individual who is a resident of a skilled nursing facility (a SNF) or of a part of a facility that includes a SNF, unless they are furnished under arrangements by the SNF. |   |
| <input type="checkbox"/> Outpatient occupational and physical therapy services furnished incident to a physician's services.  |   |

\* **This is only a general summary of exclusions from Medicare benefits. It is not a legal document. The official Medicare program provisions are contained in relevant laws, regulations, and rulings.**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

Form No. CMS-20007 (January 2003)